

GT3 Lavaredo Gravel Cross Triathlon: the first triathlon to reach the Tre Cime di Lavaredo, finishing at Rifugio Auronzo

12 July 2026 marks an important date for Italian triathlon: the **GT3 Lavaredo Gravel Cross Triathlon** makes its debut, the first triathlon in the Dolomites to take athletes all the way to the **Tre Cime di Lavaredo**, with an official finish at **Rifugio Auronzo**. For the first time, a multisport race reaches one of the most iconic symbols of world alpinism, transforming triathlon into a sporting and altitude-based experience without precedent.

The event, included in the **FITRI** calendar, introduces an innovative format to the national scene: a cross triathlon designed specifically for **gravel bikes**, but also open to mountain bikes. The morphology of the route, the elevation profile, and the technical structure of the three segments make **GT3 Lavaredo** a unique event compared to traditional Italian off-road triathlons.

A route connecting three iconic Dolomite locations

The course unfolds across three symbolic environments of the Cadore region, corresponding to the three disciplines:

- **Auronzo di Cadore** – venue for the swim segment in Lake Santa Caterina and start of the bike leg.
- **Misurina** – bike finish and run start, in the heart of the “Pearl of the Dolomites”.
- **Tre Cime di Lavaredo** – finish of the run segment at Rifugio Auronzo, at 2,260 m.

Technical details of the course

Swim – 1 km

- Location: Lake Santa Caterina (820 m a.s.l.)
- Format: single loop, technical and fast
- Features: clear waters, typical alpine lake temperatures in July
- Equipment: wetsuit mandatory for safety and thermoregulation

Bike – 27 km | +970 m elevation gain

- Start: Auronzo di Cadore (824 m)
- Finish: Lake Misurina (1,749 m)
- Terrain: compact gravel, alpine cycle path, regular off-road sections
- Key points: Val Marzon, Somadida Forest, Val Bona, Tre Croci junction
- Allowed bikes: gravel (main format), MTB, road bikes with suitable tires
- Safety: certified helmet required

Run – 7.5 km | +580 m elevation gain

- Start: Lake Misurina (1,749 m)
- Finish: Rifugio Auronzo (2,260 m)
- Route: Alpine Trail 101, passing Lake d’Antorno and Ciadin de le Bisse
- Terrain: alpine trail, roots, rocks, natural surface
- Recommended equipment: trail running shoes; poles allowed

Registration

Registration is now open. All information and the official regulations are available on the website **www.gt3lavaredo.com**.